

April 2019

Dear Valued Community Member,

Lorne Community Hospital wants its community to live better and to live longer.

Each year the Annual Appeal of the Lorne Community Hospital raises funds to support Hospital activities and priorities that are not supported by annual government grants. This enables the Hospital to extend its range of services and programs beyond the traditional role of clinical care for aged, ill and injured community.

In 2019, the Hospital is seeking your donations so that we can significantly extend the size of our gymnasium, by 70%, to accommodate more people and more exercise and fitness programs. We are presently limited to the meagre thirteen programs already offered.

Whatever your age, to manage the hills of Lorne and to enjoy its many options for active lifestyle, you need cardio-vascular fitness, musculoskeletal strength, flexibility and stamina. Lorne Community Hospital wants to offer fitness classes matched to age and ability, under the supervision of our physiotherapists and exercise physiologist, to help all sections of the community move better, feel better, and live longer. Of course, our gymnasium will have the further role of rehabilitation after illness or injury, for full restoration to employment, sport and active lifestyle. We need a large, dedicated gymnasium space to do all of this. Please help us get it.

All contributions are valued and appreciated. Every dollar donated will be spent in Lorne at the Lorne Community Hospital.

Your donation can be made using the attached form or online at www.lornecommunityhospital.com.au. Donations of \$2 or more are tax deductible. If you have any queries, please contact Katy Kennedy, Fundraising Coordinator on kkennedy.lorne@swarh.vic.gov.au or 5289-4300.

Thank you for your support.

Yours sincerely,



Dr Damien Smith
Chairman, LCH Board of Management